

Nurturing Smoothies

:::4.5...5.5...6.5:::

Peachy Keene

Peaches, Passion fruit, Mango & Apple

Berry Me Alive

Strawberries, Blueberries, Raspberries, Pineapple, Apple & Orange

Pina Colada

Pineapple, Coconut, Organic Probiotic Yogurt

Man-Go Overboard

TONS of imported mango, choice of milk, Organic Probiotic Yogurt

Tropic Thunder

Orange Juice, Pineapple, Strawberry, Banana, and Coconut

Strawberry Fields Forever

Strawberries, strawberries & MORE strawberries, choice of Milk, Organic Probiotic Yogurt

:::5.5...6.5...7.5:::

Banana Nut Bread

Choice of Milk, Probiotic Yogurt, Bananas, Granola, & Spices

Orange Dreamsicle

Orange, Bananas, Strawberries, Organic Vanilla & Organic Probiotic yogurt

Chocolate Pie*

Real Chocolate, Organic Milk, Organic Probiotic Yogurt, Vanilla & Whey Protein

PB & B*

Freshly made Peanut Butter, Banana, Choice of Milk, Organic Probiotic Yogurt, & Whey Protein

Good Juju*

House Peanut Butter, Chocolate, Cinnamon, Banana, Choice Milk, Probiotic Yogurt & Whey Protein

:::7.5...8.5:::

Triple Threat Acai

Acai, Pomegranate, Blueberries, Strawberries, and Banana

Ultimate Recovery

Coconut Water, Whey Protein, Banana, Blueberry & Peaches

Fulfilling Juices

4.5...5.5...6.5

Rise & Shine

A Happy Blend of Carrot, Apple & Orange

Pucker Up!

Half Tart Lemonade, Half Sweet OJ

Pineapple Express

Half Sweet Pineapple, Half Freshly Squeezed Orange

Blue Pom Bomb (+.50)

Pomegranate, Blueberries, Grape, Strawberries

Cliffs of Dover

Strawberries, Banana, Grape, Apple, & a wee bit of Orange

Carrots over Easy

Carrot, Pineapple, Apple, & Strawberries

Pomme Zinger!

Freshly Squeezed Apple & a hefty dose of Ginger

Organic Lemonade or Ginger Spiced Limeade

Made to order, tell us how sweet or tart you'd like it! Add fruit +.25

5.5...6.5...7.5

Beet it!

Beets, Cucumbers, Carrot & Ginger

Field of Greens

Local Organic Greens, Cucumber, Celery, Wheatgrass, Apple, Parsley & Lemon

El Vampiro

Orange, Celery, Carrot, Beets, Lime

Voodoo Child

Apple, Carrot, Grape, Cucumber, Celery, Beet, Lime & Dragon Sauce

Cucumber Cooler

Cucumber, Celery, Apple, Lime & Parsley

Get Back to Your Roots

Carrot, Beets, Ginger and the occasional wandering Radish

Visit us & enjoy our full beverage menu featuring hot & iced loose-leaf teas, create your own smoothies & juices, and daily drink specials! We never put anything artificial into our drinks, & use only the most nourishing natural ingredients.